



GUIDELINES FOR INFANTS AND CHILDREN

- 1) Infants must never be left unattended, even momentarily, on changing table, bed, couch, infant seat, swing, high chair, infant or bouncy seat. Infants may be left alone in a bassinet, in a crib, in a playpen, only if a monitor is operational. Pillows may never be used prior to age two.
- 2) Infants in infant seats must be strapped in the seats with a T strap and never be placed on a table, sofa, chair, bench or anything higher than the floor. As they grow and move more, movement could cause the seat to slide off. Infants in high chairs, strollers, etc. must be strapped in the seats with a T strap at all times.
- 3) For the first four months, the infant's head and neck needs to be supported at all times by having one hand on the baby's head and the other hand should support his/her bottom.
- 4) Bottles are not to be propped.
- 5) No infant swings allowed in resident's private rooms. Babies must never be left unattended in swings. Limit use to a maximum of fifteen minutes at a time twice a day. (see #11).
- 6) Spanking, slapping, rough handling, or yelling at or within eyeshot of infants or children is never permitted.
- 7) All women using First Floor diaper pail are responsible to empty it daily. **MANDATORY HAND WASHING AFTER EACH DIAPER CHANGE.**
- 8) Infant safety car seats must be used at all times. It is the law in NH.
- 9) A designated caregiver must be responsible for your child if you leave the room or the house for any reason.
- 10) Don't pick up another person's baby without permission from the mother.
- 11) Babies should take their naps in the bassinets or cribs in the bedroom with the monitors on. Sleeping in car seats is limited and cannot be allowed on a regular basis.
- 12) Baby must have on clothing (related to the seasons) both inside and outside the house.
- 13) Babies may not be placed in front of the television during their residence here. Babies may not be in the room while the TV is on (movies or videos, etc. included in this). Staff may be consulted for recommendations.

- 14) While mom is on cigarette break- if baby is sleeping mom must have monitor turned on & must carry it with her, or leave monitor with person responsible for watching child. Staff is not to be called upon to watch babies during cigarette breaks. **MANDATORY HAND WASHING AFTER SMOKING.**
- 15) Family meal time is a social learning experience. Mothers must be in attendance and interacting with baby during feeding. Food must always be age appropriate & well balanced. Babies are not to be fed solid foods (cereal) until at least four months old. Babies four months and older are expected to be at the table with the group and eating their own dinner.
- 16) It is the responsibility of a mother to ensure that her child has enough formula, food, or diapers at all times. WIC shopping with staff shall be done during the day unless otherwise authorized by Executive Director.
- 17) Mother's are responsible to give any caregiver, respite/childcare provider formula, bottles, diapers, clothing, etc. Mother must also take enough formula, bottles, diapers, clothing, etc. necessary for the length of time the baby is cared for whenever she leaves the house for appointments etc.
- 18) Bassinets will be placed in bedrooms for infants under 3 months. Cribs will be placed in bedrooms for infants 3 months and up. Infants 3 months and up must sleep in cribs and not in beds for safety reasons.
- 19) Infants need to be bathed at least three times a week. Daily washing to ensure clean skin and to prevent germs and to promote wellness is expected. If this does not appear to be happening mothers will be required to wash their babies in a baby bath tub with staff present.

I understand and will comply with these policies. If I choose not to adhere to the above mentioned, I am fully aware I will be restricted from New Generation and their residents at any time by any staff member. These policies are subject to change at the discretion of the Executive Director or staff.

Signed: _____

Date: _____